

## MEDICAL HISTORY

CURRENT or PAST MEDICAL HISTORY OF ANY OF THE FOLLOWING (please circle)

Asthma	Osteoporosis	Spinal Disc Herniation
Heart Condition	Cancer	Chemical Dependency
Blood Clot/Emboli/DVT	Hepatitis	Concussion
Lung Condition	Anxiety	Depression
Hearing Difficulties/Loss	Eating Disorder	Neurologic Deficit
Anemia	Thyroid Condition	Hypoglycemia
Fibromyalgia	Artery Disease	Allergies
Dizziness or Fainting	Sleep Disorders/Insomnia	Varicose Veins
High Blood Pressure	Angina/Chest Pain	Bowel/Bladder Condition
Kidney Condition	Liver Condition	Vestibular Issues
Joint Replacement	Pacemaker	Metal Implant
Seizures/Epilepsy	Rheumatoid Arthritis	Arthritis
Hernia	Multiple Sclerosis	Chronic Pain
Headaches	Stroke	Diabetes
Shortness of Breath	Smoking (past or present)	Infectious Disease
Visual Difficulties	Learning Disability	Emotional Disorder
Joint Sprains	Muscle/Tendon Injury	Fractures/Stress fractures
Spinal Disorder	AIDS	MRSA

**Are you currently Pregnant?** Yes      No      **Which Trimester?**      1      2      3

**Please list SURGICAL and MEDICAL HISTORY to expand on the above (include dates)**

---



---



---



---



---

**MEDICATIONS:**

Please circle any of the following OVER-THE-COUNTER medications that you are CURRENTLY taking:

Aspirin

Tylenol

Advil/Motrin/Ibuprofen

Herbal Supplements (please specify)

Vitamin Supplements (please specify)

Other (please specify)

**Please list all current prescription medications:**

---

---

---

---

- |   |     |    |
|---|-----|----|
| Have you ever had steroid/cortisone injection?  | Yes | No |
| Have you ever had PRP injection?  | Yes | No |
| Have you ever had stem cell injection?  | Yes | No |
| Have you ever had a stress test on a treadmill or ergometer?                                | Yes | No |
| Have you previously worn custom or over-the-counter orthotics?                              | Yes | No |
| Have you had current imaging (X-ray, CT scans, MRI)?<br>(Please list any dates for imaging) | Yes | No |

---

---

Do you have any condition that a doctor says may limit your exercise?      Yes      No

---

---

---

Please provide us with any other medical history that you think will help us improve your care.

Signature of Patient \_\_\_\_\_